

**Adult Learners Institute  
PO Box 134  
Chelsea, MI 48118**

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## WINTER/SPRING 2021 CATALOG AND REGISTRATION FORM



Classes taught by Zoom can be connected by using your smart phone or computer. Information will be provided by email to **registered students only** prior to the beginning of the class. As long as classes are available, registration will be accepted.

**ALL registrations will be MAIL-IN ONLY and will be processed based on the date they are received at the ALI office. Confirmation slips including class information will be mailed to registered students.**

In person classes will be limited by location space and will follow all COVID-19 safety measures; i.e., wearing a mask, hand sanitizing and social distancing. All in person classes will follow the governor's guidelines; therefore, these classes are subject to cancellation.

**TWO FREE classes are being offered with our partners, the Chelsea District Library and the Chelsea Senior Center. Consult the catalog for the class descriptions, dates, location, and time. Registration for these classes must be made by calling the Chelsea Senior Center or Chelsea District Library directly. Phone numbers are listed in the catalog and on the registration form.**

**Mail your registration form** (one for each person) to Adult Learners Institute, PO Box 134, Chelsea, MI 48118, with a check made out to **ALI of Chelsea, MI, Inc.** If you have questions, call 734-292-5540 to leave a message.

Additional catalogs and registration forms can be printed from the ALI website at [www.adultlearnersinstitute.org](http://www.adultlearnersinstitute.org) or will be available at the Chelsea Senior Center and Chelsea District Library if they are open.

## Adult Learners Institute Winter/Spring Classes, 2021

Many great courses are scheduled from February to June, 2021. A scholarship fund is available for those needing assistance with registration fees.

The Adult Learners Institute (ALI) located at 5 HEALTHY TOWNS OFFICES in the Chelsea Wellness Center, provides a diverse selection of quality community-based learning experiences and camaraderie for adults. ALI is a nonprofit (501c3) Lifelong Learning Institute [LLI] affiliated with Road Scholar Institute Network, a group of similar organizations.

**ALI is always looking for additional volunteers to help fulfill its mission.** Examples include: audio-visual and class assistants, curriculum planning, catalog editing, and one-day events. The ALI Board is also looking for new Board members. Board members attend a once-a-month Board meeting.

For more information: call 734.292.5540 to leave a message. Our website is [www.adultlearnersinstitute.org](http://www.adultlearnersinstitute.org).

*Many Adult Learners Institute courses are conducted in cooperation with Washtenaw Community College.*

**PLEASE NOTE: ALI classes are cancelled when Chelsea District Schools are closed due to inclement weather [Call 734.433.2275 for information].  
This applies to In-Person classes only.**

### THE BIG FIVE

#### Hank Muir

May 3, 10 & 17 (3 Mondays)

1:00 to 3:00 pm

**IN PERSON** at Chelsea Senior Center,  
512 Washington St., Chelsea, MI

They were to American popular music what Shakespeare was to drama and what Babe Ruth was to baseball. Their names were Irving Berlin, George Gershwin, Jerome Kern, Cole Porter and Richard Rodgers. They filled the twentieth century with music, and they inspired dozens of other composers to follow in their footsteps, creating our country's most notable contribution to the arts: The Great American Songbook. In this class we will learn about these five geniuses and watch videos of their songs performed by some of our favorite singers.

**Hank Muir** is a retired teacher and medical practice administrator. He has a bachelor's degree in social studies from Graceland College, a masters in history from the University of Nebraska, and he is a Fellow in the American College of Medical Practice Executives. Hank has lived in Chelsea since 2003 and is a collector of books, records and movies.

### BRAZIL: CUISINE, CULTURE AND HISTORY

#### Rosangela Lawrence

(Presented in cooperation with Washtenaw Community College)

March 4 & 11 (2 Thursdays)

10:00 am to 12 noon

**ZOOM CLASS** (Zoom information will be sent to registered students prior to class.)

- Highlights of the Brazilian History: This week's course brings information and interesting facts about Brazilian history. You will have a general view from the time Brazil was discovered by the

Portuguese to the present days. It benefits those who are interested in learning about other cultures. Participants are encouraged to share their own experience.

- Flavors of the Brazilian Cuisine: This week's course brings information about the Brazilian cuisine. Learn the similarities and contrasts with the American way of cooking. Have a general view of various types of food from different regions of Brazil. Easy-to-make recipes will be provided. Participants are encouraged to share their own experience.

**Rosangela Lawrence** is a native of Rio de Janeiro, Brazil, with language degrees in both Portuguese and English. She taught both languages in Brazil for several years. In the U.S., she has been working with the Portuguese language and Brazilian culture since 1995, teaching and writing her own courses at WCC and working with translation, interpretation and tutoring.

### CHELSEA HISTORY

#### Bill O'Reilly

March 24 (1 Wednesday)

1:00 to 3:00 pm

**ZOOM CLASS** (The Chelsea Senior Center will send Zoom information to registered students prior to class.)

**PLEASE NOTE: THIS IS A FREE CLASS, BUT YOU MUST REGISTER BY CALLING THE CHELSEA SENIOR CENTER AT 734-475-9242**

Chelsea - a pictorial history including a brief look at the family history of some of the early settlers. This would also include some time to provide assistance to attendees with their own family histories (Chelsea roots or not.) The archives of the Chelsea Area Historical Society will be used to share a chronology of Chelsea history. For example, take the earliest photos of Main Street and show its progression through the years and do the same for other

locations around town. This section will conclude with a "then and now" piece showing from different vantage points around town, how it looked "then" and how it looks "now." This session will touch on some of the founding families and how their roots remain in the area. This will lead to the final piece, providing assistance, for those interested with their own family history.

**Bill O'Reilly** currently serves as Executive Director of the Chelsea Senior Center and is President of the Chelsea Area Historical Society. Bill has worked with his own family history for over 35 years. He has been a Professional Genealogist for the past decade, helping clients throughout the world (retired from that since starting at CSC). Bill earned a certificate in Genealogical Research from Boston University; he also holds MBA and BA degrees. He's the past President of the Irish Genealogical Society of Michigan; and is the Clan Organiser (U.K. spelling) for Scotland based Clan MacAulay where he organizes their worldwide Clan Gatherings. He has given at least a dozen presentations on Genealogy to an equal number of organizations.

## **CONEY DETROIT**

**Joe Grimm**

March 31 (1 Wednesday)

6:30 to 7:30 pm

**ZOOM CLASS** (The Chelsea District Library will send Zoom information to registered students prior to class.)

**PLEASE NOTE: THIS IS A FREE CLASS, BUT YOU MUST REGISTER BY CALLING THE CHELSEA DISTRICT LIBRARY AT 734-475-8732 ext 219**

In this illustrated program, see how Detroit and Michigan became the capital of a Coney Nation. "Coney Detroit" co-author Joe Grimm will show you what a real Detroit-style coney dog is, why it found unsurpassed popularity in the Mitten State (shaped that way to better hold a coney), how coney makers improvise, and coney-dining etiquette. Meet the Greek family at the root of hundreds of coney islands. This class will show 50 photographs taken for "Coney Detroit," video and a hot dog IQ test. A good score could earn you a Ph.D. (Professor of Hot Dogs). Bring your coney stories. Tell the gang whether you are for Lafayette or American - or a Flint aficionado. This experience will leave your memory full and your stomach feeling empty.

**Joe Grimm** and co-author Katherine Yung wrote "Coney Detroit" out of hunger and curiosity. They wanted to know how Detroit and Michigan became the capital of a Coney Nation. We have literally hundreds of coney islands. Grimm, a lifelong Detroit area resident, is a journalism professor at Michigan State University. Katherine worked with Joe at the Detroit Free Press and now lives in Beantown where she laments Boston's lack of coney dogs and their beanless chili.

## **SERGEI DIAGHILEV AND THE BALLETS RUSSES**

**Henry Aldridge**

May 6 (1 Thursday)

1:00 to 3:00 pm

**IN PERSON** at Chelsea Senior Center, 512 Washington St., Chelsea, MI

Entrepreneur, genius, and scoundrel, Sergei Diaghilev founded the Ballets Russes in 1909. For the next twenty years, he brought together composers, artists, and dancers to create some of the most exciting and controversial ballets of the 20th Century including the three groundbreaking Stravinsky scores, The Firebird, Petrushka, and The Rite of Spring. In this two-hour class, we will first survey the people and productions of the Ballets Russes with a PowerPoint presentation. In the second hour, we will show DVDs of complete performances including The Firebird and Debussy's Prelude to the Afternoon of a Faune with the original choreography by Vaslav Nijinsky.

**Dr. Henry Aldridge** is a Professor Emeritus of Film Studies at Eastern Michigan University, and is a popular Adult Learners presenter. Dr. Aldridge is an amateur musician and regularly plays the Barton theater pipe organ at the Michigan Theater. He has undergraduate and MA degrees from the University of North Carolina and a Ph.D from the University of Michigan.

## **FUN WITH JUNK BOXES: AT HOME MATH ACTIVITIES FOR YOUR PRIMARY-AGED GRANDCHILDREN**

**Ann Beyer**

February 24 (1 Wednesday)

1:00 to 3:00 pm

**ZOOM CLASS** (Zoom information will be sent to registered students prior to class.)

Junk boxes are fun just for play, but there are also a lot of math concepts that can be taught and reinforced. Junk boxes are basically a collection of one type of item, but the individual items have a variety of attributes (e.g., size, shape, color, texture). Examples of a junk box that you might easily make would be a collection of buttons, keys, beads, coins, nuts and bolts, stamps, paper clips, food colored pasta, or plastic flowers. Have some paper and a pen or pencil ready. While it isn't necessary, if you can put a junk box together, great; you'll have more fun.

**Ann Beyer** is a retired mathematics teacher and mathematics coordinator for the Ann Arbor Public Schools. Early in her career she was trained as a professional development specialist. She served on multiple Michigan Department of Education committees, as president of the Michigan Council of Teachers of Mathematics, as vice president of the National Council of Supervisors of Mathematics. Her mathematical interest in quilts comes from a shared interest in the mathematics of tessellations (an arrangement of a shape, usually polygons, that are fitted together in a repeated pattern without gaps or overlapping) with her husband, an artist. Last fall, Ann did a class on code quilts of the Underground Railroad and she has offered to do a future class on the mathematics and art of tessellations.

## **GARDENING: SPICE UP YOUR GARDEN AND IMPROVE YOUR HEALTH**

**Jennifer Fairfield**

April 26 (1 Monday)  
10:00 am to 12 noon

**ZOOM CLASS** (Zoom information will be sent to registered students prior to class.)

The Garden Mill owner Jennifer Fairfield will discuss growing and cooking with herbs. In addition to adding flavor to your favorite dishes, herbs are filled with antioxidants and essential nutrients. Did you know that one of the compounds in thyme is a key ingredient in Listerine because of its antiseptic properties, or that basil has a detoxifying effect on the liver, and that just the smell of rosemary may improve your memory? Join us and explore the value of herbs in your recipes and your quest for wellness.

**Jennifer Fairfield** grew up in southern New Jersey "The Garden State" - helping out in her grandmother's gardens. She has been a resident of Michigan for more than 20 years. After spending most of her adult life in the Human Resources industry, Jennifer decided in 2012 to do something that she was really passionate about and bought The Garden Mill in Chelsea, MI. There is nothing Jennifer likes more than talking about gardening.

## **HERE AND THERE AROUND THE WORLD**

**Rhoda Perkins-Boyer**

March 19 (1 Friday)  
1:00 to 3:00 pm

**ZOOM CLASS** (Zoom information will be sent to registered students prior to class.)

Enjoy a new photo collection as we take a trip around the world seeing sights from Egypt, China, and a few photos from Peru, India, Germany, among others. Our trip will end with beautiful photos from our own wetlands around Pierce Lake in Chelsea.

**Rhoda Perkins-Boyer** has been a media specialist and a media director in Ohio and Michigan public schools. She holds a B.S. ED from Bowling Green State University and a M.A. from the University of Kentucky. Rhoda and her husband, Joe Boyer, have traveled extensively, visiting nearly 40 countries. Rhoda shares their experiences with youth and adult audiences.

## **HOW CRIMINAL JUSTICE AUTHORITIES CAN HELP END MASS INCARCERATION**

**Kathie Gourlay and Carolyn Madden**

February 22, March 1 & 8 (3 Mondays)  
1:00 to 3:00 pm

**ZOOM CLASS** (Zoom information will be sent to registered students prior to class.)

During these three weeks we will look at the role of criminal justice authorities, such as prosecutors, judges, police, parole board members, and legislators

in either being "tough on crime" and increasing incarceration and its negative effects, or their ability to respond in other ways that still promote safety while transforming offenders and healing victims and offenders. We will also look at what we can do as community members to create a safer, more just society. We hope to foster a lively discussion on this important topic.

**Kathie Gourlay** has an MBA from the University of Michigan, is a retired Washtenaw Community College instructor, and is passionate about criminal justice reform. She finds restorative justice to be an improved way to respond to criminal acts, as compared to the retributive approach.

**Carolyn Madden** has an MA in Philosophy, Graduate Center of CUNY, NY and a JD from Wayne State University. She is a member of Friends of Restorative Justice of Washtenaw County and a volunteer at the Women's Huron Valley Incarceration facility.

## **MUSIC OF THE 1920s**

**John Hauger**

April 30 (1 Friday)  
1:00 to 3:00 pm

**IN PERSON** at *Chelsea Senior Center, 512 Washington St., Chelsea, MI*

With the Great War over, the U.S. entered an era of celebration and prosperity, often called "The Roaring Twenties." Women finally won the right to vote; prohibition became the law of the land; jazz appeared on the music scene along with Tin Pan Alley's latest tunes. Irving Berlin and Florenz Ziegfeld's Broadway successes flourished along with new dances like the Charleston and the Black Bottom. New styles and new technology were everywhere. Radio exploded across the country; movies with sound called "talkies" attracted large audiences. The new electric phonographs and records reinvented home entertainment. Then, there was Lindbergh and his solo flight from New York to Paris! See how music reflected the excitement and the sadness of this new era.

**John Hauger** believes that so much of our history is expressed in music. John collects antique phonographs and records of the 1895 to 1925 era. He finds that music is intrinsic in wars, technology, transportation and, of course, romance. World's Fairs, Tin Pan Alley, Movies and Television reflect the moods and yearnings of the common people. Programs that present history accented with music are a hobby John has pursued in his retirement from Consumers Energy. His career in computer technology, though, started in the late 1950's makes him wonder what his six great-grandchildren will be doing when they enter their careers. John and his wife, Garnet, live in Spring Arbor, MI.

## **A NATURALIST'S FEBRUARY VISIT TO CENTRAL FLORIDA**

**Don Chalfant**

February 26 (1 Friday)

1:00 to 3:00 pm

**ZOOM CLASS** (Zoom information will be sent to registered students prior to class.)

This program will consist of approximately 300 flora and fauna photographs which might be found in Central Florida in February. When asked what is the best month for a Florida visit, Don usually recommends February, as it not only provides abundant possibilities for flora and fauna in Florida, but is a welcome change from a Michigan winter.

**Don Chalfant** received his undergraduate and graduate degrees from the University of Michigan. He retired from the Ann Arbor Schools in 1995, where he taught elementary students for many years. In retirement, Don indulges his passion for the outdoors, and especially for birding. He has recently added nature photography to his list of enthusiastic pursuits.

## **RELIGION AND VIOLENCE**

**Rev. Ken Phifer**

(Presented in cooperation with Washtenaw Community College)

May 12, 19, 26, June 2 & 9 (5 Wednesdays)

10:00 am to 12:00 noon

**ZOOM CLASS** (Zoom information will be sent to registered students prior to class.)

Violence is one of the great challenges of the 21st century, as it has always been. How can we resolve conflict and manage serious differences without assaulting and killing each other? Among reasons suggested for why we are violent is that religion tells us to do so. What is the link between religion and violence? Does religion necessarily involve violence? Can religion help us to curb violence? Are some religions more violent than others? Why? Why not? These are some of the questions we shall consider in this course, in lectures and discussion.

**Kenneth W. Phifer** is a retired Unitarian Universalist minister. He served for 25 years as the minister of the Ann Arbor congregation. He has degrees from Harvard College and the University of Chicago Divinity School. He is the author of numerous articles and books. He has 17 grandchildren.

## **TRANSITIONS: EXPLORING ART'S BOTTOMLANDS IN TIMES OF CHANGE**

**Edwin Hoffman**

(Presented in cooperation with Washtenaw Community College)

March 9, 16 & 23 (3 Tuesdays)

1:30 to 3:30 pm

**ZOOM CLASS** (Zoom information will be sent to registered students prior to class.)

In this three-part series, Ed will illuminate several lesser-known trough periods during which art, and the society around it, underwent transformation. Often art history is seen as a linear progression from one creative high point to another, like an examination of mountain summits, with little attention given to those less distinct periods of artistic innovation, transition, anxiety, and assimilation. We'll witness the gradual but sure changeover from classical norms in Roman sculpture from the time of Hadrian and Marcus Aurelius, to the socio-political chaos of the third century. We'll see the revitalized classicism of the Renaissance yield to mannerist idiosyncrasy and Baroque theatricality. We will revel in rococo exuberance only to retrench during Neoclassicism's determined crackdown of the curve. But it doesn't end there: As all movements spawn counter-movements, so we'll see artists grasp the grandeur of Nature and the power of the individual to fashion romantic dreamscapes in paint, prints, music, and sculpture. Join Ed as he guides us along the unpaved footpaths of Transitions of Art.

**Edwin Hoffman** has broadcast his radio program "Speaking of Art" for the past 14 years on WAAM 1600 AM and 92.7 FM. He crafted his lively on-air journey through art history from his background in museum administration, art auctions and appraisals, and fundraising for the arts in Washington, DC. As a result, his focus is on relevance for his listening audience, who tune in from throughout southeastern Michigan, including Detroit, and by live stream. A central aim is to spark the creativity of listeners and their participation in the cultural life of the community. Ed emphasizes the social and historical contexts in which artists and art movements thrive as well as provide the often colorful backstory of how a work of art came into being.

## **VACCINES OF THE PAST AND FOR COVID-19**

**Charlie Taylor**

April 6, 13 & 20 (3 Tuesdays)

1:00 to 3:00 pm

**ZOOM CLASS** (Zoom information will be sent to registered students prior to class.)

COVID-19 is a worldwide scourge that has killed over two million people worldwide and almost half a million in the US alone. At least 15 million people in the US have been infected. It has rattled the economy of most countries and it has changed the way we live. This class will begin with how viruses work (especially coronavirus) to infect cells, reproduce and spread. We will discuss how the immune system works and how antibodies and white blood cells recognize virus particles to eventually end infection. We will cover the history of vaccines, how they work to fight diseases and how they have saved millions of lives over the years. Finally, we will review the COVID vaccines that are recently available and those that are still on the way. Students are invited to ask questions and voice concerns. We also will have an outside expert to help answer questions from the group.

**Charlie Taylor** received a PhD from the University of California, Berkeley. He has authored many scientific articles and presented at scientific meetings. He was a drug discovery biologist for Parke-Davis and Pfizer from 1982 until 2007. He has lived in Chelsea since 1983. He previously taught classes on science topics for ALI each year since 2009, and he taught neuroscience at the University of Michigan from 2011 - 2013.

## **WILLS, ESTATES, TRUSTS, PROBATE AND MEDICAID:**

### **PLANNING BASICS FOR EVERYONE**

**Laurie Brewis**

April 7, 14, 21 & 28 (4 Wednesdays)

10:00 am to 12 noon

**ZOOM CLASS** (Zoom information will be sent to registered students prior to class.)

Session 1: Estate Planning Basics - Why would you need a trust or a will? This course will include in-depth information on the basics of Wills and Trusts, including a section on special needs, blended families, single people with or without kids.

Session 2: Powers of Attorney and End of Life Planning: How to get what you want when it matters the most. The role of Powers of Attorney in end of life, including financial, medical, funeral, and digital documents. How to make sure these basic documents protect you.

Session 3: The Basics of Probate-Including Decedents Estates, Guardianships and Conservatorships. What happens when the court is involved in your decisions? A look at how the probate court is involved in our daily lives through Guardianships, Conservatorships and Decedents Estates.

Session 4: Long Term Care Planning and Medicaid Basics. What does it take to get qualified for Long Term Care through Medicaid? Where do your assets go? Do you have to sell everything? Find out the basics of long-term care planning for married couples and single people.

**Laurie Brewis** is an attorney with the TGQ Law Firm based in Ann Arbor and servicing greater Michigan. Laurie also teaches Health Care Law at the University of Michigan-Flint. Laurie received her law degree from Michigan State University College of Law and has been a member of the State Bar of Michigan since 2001 and she focuses her practice primarily in the areas of Wills, Estates, Trusts, Probate Law, Elder Law and Special Needs Planning. Laurie lives with her husband and two children in Manchester where she serves her community on the Village of Manchester's Planning Commission and various other organizations within Manchester.

## **WINTER/SPRING 2021 SEMESTER DEDICATION TO SHARLEEN EISENBEISER**

The Board of the Adult Learning Institute was saddened to hear of the passing of long-time Board member, Sharleen Eisenbeiser, who passed away unexpectedly on November 24th. Shar was a founding member of ALI and an active and progressive force on the Board; always cheerful and positive, willing to step in and help wherever she could. She will be truly missed, not only in her work with ALI, but in our lives as well.

Our hearts go out to family and friends of one of the brightest lights around. Shar, you will be greatly missed.

Our Winter/Spring 2021 Semester is dedicated to the memory of this wonderful woman.

### **PLEASE NOTE**

**We are grateful for the continued support of the 5 Healthy Towns Foundation, the Chelsea Senior Center, and the Chelsea District Library for their partnership in ALI's Winter/Spring 2021 semester.**

**We also thank previous supporters: Chelsea Retirement Community, Silver Maples, Cedars of Dexter, Dexter District Library, as well as First United Methodist, St. Mary, and St. Paul Churches.**