

**Adult Learners Institute
PO Box 134
Chelsea, MI 48118**

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FALL 2020 CATALOG AND REGISTRATION FORM

The ALI Board has decided to **WAIVE** the class fee and only charge the \$10 registration fee for the Fall 2020 classes.

In-person classes will be limited by location space and will follow all COVID-19 safety measures; i.e., wearing a mask, hand sanitizing and social distancing. All in-person classes will follow the governor's guidelines, therefore, these classes are subject to cancellation.

ALL registrations will be MAIL-IN ONLY and will be processed based on the date they are received at the ALI office. Confirmation slips including class information will be mailed to registered students.

Classes taught by Zoom can be connected by using your smart phone or computer. Information will be provided by email to **registered students only** prior to the beginning of the class. As long as classes are available, registration will be accepted.

TWO FREE classes are being offered with our partners, the Chelsea District Library and the Chelsea Senior Center. Consult the catalog for the class descriptions, dates, location, and time. Registration for these classes must be made by calling the Chelsea Senior Center or Chelsea District Library directly. Phone numbers are listed in the catalog and on the registration form.

Mail your registration form (one for each person) to Adult Learners Institute, PO Box 134, Chelsea, MI 48118, **with a check made out to ALI of Chelsea MI, Inc.** If you have questions, call 734-292-5540 to leave a message.

Additional catalogs and registration forms can be printed from the ALI website at www.adultlearnersinstitute.org or, will be available at the Chelsea Senior Center and Chelsea District Library if they are open.

Adult Learners Institute Fall Classes, 2020

Many great courses are scheduled from late September through November, 2020.

For more information: call 734.292.5540 to leave a message. Our website is www.adultlearnersinstitute.org.

Many Adult Learners Institute courses are conducted in cooperation with Washtenaw Community College.

PLEASE NOTE: ALL classes are cancelled when Chelsea District Schools are closed due to inclement weather [Call 734.433.2275] for information. Zoom classes will still be held as scheduled.

THE BIG FIVE

Hank Muir

November 11, 18, & 25 (3 Wednesdays)

1:00 to 3:00 pm

Secure In-Person Class

Chelsea Senior Center, 512 Washington St., Chelsea, MI (Board Room) Enter at North Entrance

They were to American popular music what Shakespeare was to drama, what Babe Ruth was to baseball. Their names were Irving Berlin, George Gershwin, Jerome Kern, Cole Porter and Richard Rodgers. They filled the twentieth century with music and they inspired dozens of other composers to follow in their footsteps, creating our country's most notable contribution to the arts: *The Great American Songbook*. In this class, we will learn about these five geniuses and watch videos of their songs performed by some of our favorite singers.

Hank Muir is a retired teacher and medical practice administrator. He has a bachelor's degree in social studies from Graceland College, a masters in history from the University of Nebraska, and he is a Fellow in the American College of Medical Practice Executives. Hank lives in Chelsea and is a collector of books, records and movies.

CODE QUILTS AND THE UNDERGROUND RAILROAD

Ann Beyer

September 23rd (1 Wednesday)

1:00 to 3:00 pm

Secure In-Person Class

Chelsea Senior Center, 512 Washington St., Chelsea, MI (Board Room) Enter at North Entrance

Were slaves really taught how to achieve safe passage to freedom by following messages in certain quilt patterns? You are invited to step back in time and explore the mystery, intrigue, historical debate, and possibilities of using code quilts to help slaves navigate their routes to freedom on the Underground Railroad. By looking at sample quilts and quilt patterns, participants will explore how codes could be embedded in quilts and how quilts could be used on the Underground Railroad.

Ann Beyer was a mathematics teacher and mathematics coordinator for the Ann Arbor Public Schools. Her mathematical interest in the quilts comes from a shared interest in the mathematics of tessellations (an arrangement of a shape, usually polygons, that are fitted together in a repeated pattern without gaps or overlapping). Her interest in the code quilts came from her mother and sister, as well as her interest in historical reenacting.

COOKING WITH HERBS: SPICE UP EVERYDAY MEALS

Jim & Mary Randolph and Merrill Crockett

November 4th (1 Wednesday)

1:00 to 3:00 pm

Chelsea Senior Center, 512 Washington St. Chelsea MI Enter at North Entrance

Secure In-Person Class

PLEASE NOTE: THIS IS A FREE CLASS, BUT YOU MUST REGISTER BY CALLING THE CHELSEA SENIOR CENTER AT 734-475-9242

Culinary herbs and spices are fundamental to healthy, flavorful cooking as well as a superb way to add interest to food without salt. Join us as we incorporate a sampling of common and not-so-common herbs into a host of tasty dishes. (A \$5 Supply Fee Donation will help support the Inter-generational Garden at CSC.)

Jim and Mary Randolph are self-proclaimed foodies who enjoy gardening and making the connection from farm to table. Throughout the year, they host cooking classes for all ages that encourage exploration of new flavors from around the world.

Merrill Crockett has been growing and using herbs for more than thirty years. She considers herbs as "Old Friends" not only in the kitchen, but elsewhere in the home and garden. Merrill is a Certified Master Gardener.

DESSERT BY DECADE

Keegan Rodgers & Patti Smith

November 5 (1 Thursday)

6:30 to 8:00 pm

Zoom Class

PLEASE NOTE: THIS IS A FREE CLASS, BUT YOU MUST REGISTER BY CALLING THE CHELSEA DISTRICT LIBRARY AT 734-475-8732 ext 219

1960 is the decade that started with Camelot, ended with Woodstock and also brought us some choice food! Pop Tarts, Doritos, and Gatorade made the scene. Many were jazzed to pig out on fondue, sparkling Jello molds, and Ambrosia cake. Join certified pastry chef Keegan Rodgers and local writer/historian Patti Smith as they take you through the grooviest decade and the foods the cool kids were hip to.

Keegan Rodgers is the owner/baker of The Lakehouse Bakery in the Waterloo State Recreation Area of Chelsea, MI, where he bakes up tasty treats and hosts cooking classes and demos.

Patti Smith is a special education teacher, writer, and historian who lives in Ann Arbor.

SERGEI DIAGHILEV AND THE BALLETS RUSSES

Dr. Henry Aldridge

October 8 (1 Thursday)

1:00 to 3:00 pm

Secure In-Person Class

Chelsea Senior Center, 512 Washington St., Chelsea, MI (Board Room) Enter at North Entrance

Entrepreneur, genius, and scoundrel, Sergei Diaghilev founded the Ballets Russes in 1909. For the next twenty years, he brought together composers, artists, and dancers to create some of the most exciting and controversial ballets of the 20th century including the three groundbreaking Stravinsky scores *The Firebird*, *Petrushka*, and *The Rite of Spring*. In this two-hour class, we will first survey the people and productions of the Ballets Russes with a PowerPoint presentation. In the second hour, we will show DVDs of complete performances including *The Firebird* and *Debussy's Prelude to the Afternoon of a Faune* with the original choreography by Vaslav Nijinsky.

Henry Aldridge is a Professor Emeritus of Film Studies at Eastern Michigan University, and is a popular teacher for the Adult Learners. Dr. Aldridge is an amateur musician and regularly plays the Barton theater pipe organ at the Michigan Theater. He has undergraduate and MA degrees from the University of North Carolina and a Ph.D. from the University of Michigan.

DISORDERS OF THE BRAIN

Charlie Taylor

October 6, 13, 20 & 27 (4 Tuesdays)

10:00 am to 12:00 noon

Zoom Class

Have you ever been depressed, had serious trouble remembering recent things, or seen things (such as vibrating wavy lines) that were not really there? Does a relative or close friend have Alzheimer's or another dementia? Have you had intrusive, repeating thoughts of terrible things that might happen? Have you found yourself repeating things over and over without a good reason? Have you ever fainted, blacked out or had a seizure? Have you experienced addiction to something that is bad for you? Do you have difficulty holding your hands still? Almost everyone has experienced at least one of these things. All are due to disturbances, diseases or disorders in the brain. This class will explore what happens in the brain, with emphasis on disorders that are common in the elderly. As usual, we will rely heavily on class feedback and questions, so come with your toughest questions ready!

Charlie Taylor has twenty-five years' experience studying medicines for epilepsy, stroke, pain, anxiety and bipolar disorder. From 1982 to 2007, he worked with Parke-Davis in Ann Arbor. He has written many scientific journal papers and taught neuroscience at the University of Michigan in Ann Arbor. Charlie received his Ph.D. from the University of California, Berkeley. He has lived in Chelsea for thirty years with his wife Jill, three grown children and three grandchildren.

VIETNAM & LAOS

Cathy and Mike Muha

November 10 (1 Tuesday)

1:00 to 3:00 pm

Zoom Class

When Cathy and Mike found out that a friend and fellow Vietnam veteran and his wife were planning a trip to Southeast Asia, they decided to join them. Fifty years ago, Mike and his friend Tim each saw just a small part of the area, and had a decidedly controlled experience interacting with the people. How things have changed! Join Cathy and Mike as they revisit areas where we veterans served during the war, and explore much of the rest of this vibrant region. They will cover some history, including the foreign influence and occupations that have occurred over the last several thousand years.

Cathy Muha retired in 2012 from her job as Webmaster for the Department of Nursing at U of M Health Center. She has renewed her painting (she has a degree in Fine Arts) in acrylics and spends time in the summer biking and kayaking. She loves to travel, and sings in the Threshold Choir of Ann Arbor.

Mike Muha is a U.S. Army Vietnam veteran (1968-69). He worked with computers for various organizations in various capacities (operations, sales, training, programming, consulting) and retired in 2016. He loves cars, motorcycles, bicycling, kayaking, traveling, building and fixing things, and working around their wooded land.

A VIRTUAL NATURE WALK

Don Chalfant

October 2 (1 Friday)

1:00 to 3:00 pm

Zoom Class

Were I to lead a nature walk with you, I'd start by encouraging you to use your eyes - not just to look, but to look more closely, from a different angle, get a new perspective. I'd also encourage you to listen to the sounds made by each animal we encounter, and I'd also share a detail that might help you remember the plant or animal. This program is such a walk and will include sounds and photography.

Don Chalfant received his undergraduate and graduate degrees from the University of Michigan. He retired from the Ann Arbor Schools in 1995 where he taught elementary students for many years. In retirement, Don indulges his passion for the outdoors, and especially for birding. He has recently added nature photography to his list of enthusiastic pursuits.

PLEASE NOTE

All In-Person classes will be limited by location space and will follow all COVID-19 safety measures; i.e., wearing a mask, hand sanitizing and social distancing. Please follow the building rules. Each student will be asked to wipe their chair before and after use. Bathrooms will be open.